

**BEECHWOOD SCHOOL  
JANUARY 2019 LUNCH MENU**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	1. <b>BEECHWOOD CLOSED</b>	2. <b>Macaroni &amp; Cheese Peas Peaches in Lite Syrup</b>	3. <b>Baked Chicken Nuggets Corn Pasta Pears In Lite Syrup</b>	4. <b>Sliced Turkey Dogs French Fries Green Beans Pineapple Tidbits</b>
7. <b>Fish Sticks Buttered Rice Veggies Chocolate Pudding</b>	8. <b>Ham &amp; Cheese Sandwiches Potato Chips Carrot Sticks Sliced Apples</b>	9. <b>Rice Krispies w/Raisins Graham Crackers Cheese Cubes Celery Sticks Sliced Oranges</b>	10. <b>Baked Ziti Mixed Vegetables Pineapple Tidbits</b>	11. <b>Tomato Soup Grilled Cheese Sandwiches Goldfish Crackers Cucumbers Peaches in Lite Syrup</b>
14. <b>Pizza Broccoli Florets W Ranch Dip Kidney Beans Sliced Pears</b>	15. <b>French Toast Sticks Applesauce Celery Sticks Vanilla Yogurt</b>	16. <b>Baked Chicken Nuggets Green Beans Buttered Rice Cranberry Sauce Jello</b>	17. <b>Baked Ziti Steamed Carrots Kidney Beans Pineapples in Lite Syrup</b>	18. <b>Wheat Bagel w/ Cream Cheese &amp; Jelly Garden salad w Chickpeas &amp; Cucumbers Pears in Lite Syrup</b>
21. <b>MARTIN LUTHER KING DAY  BEECHWOOD CLOSED</b>	22. <b>Hot Dog on a Roll Carrot Sticks Potato Chips Cinnamon Apples w/Raisins</b>	23. <b>Chicken Noodle Soup Cheese Sandwiches Dill Pickles Vanilla Pudding</b>	24. <b>Beef Taco w/ Sour Cream &amp; Salsa Sliced Peppers Corn Chips Fresh Sliced Oranges</b>	25. <b>French Toast Sticks Applesauce Celery Sticks Vanilla Yogurt</b>
28. <b>Cheese Quesadilla w/Sour Cream &amp; Salsa Sliced Peppers Corn Chips Fresh Sliced Apples w raisins</b>	29. <b>Baked Chicken Nuggets Green Beans Curly Noodles Orange Sherbet</b>	30. <b>Baked Pizza Garden Salad w/Ranch Dressing Chick Peas Fresh Sliced Pears</b>	31. <b>Cheerios w/ Fresh Fruit Cheese Cubes Graham Crackers Peaches in Lite Syrup</b>	

MENU SUBJECT TO CHANGE  
WHEAT BREAD IS SERVED BUTTER IS OPTIONAL  
1% MILK IS SERVED