

BEECHWOOD SCHOOL

SEPTEMBER 2019 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
HAPPY LABOR DAY!		4 Pasta w/Red Sauce Green Beans Chick Peas Pears in Lite Syrup	5 Chicken Noodle Soup Bagels w Cream Cheese & Jelly Peaches in Lite Syrup	6 Macaroni & Cheese Peas Kidney Beans Sherbet
9 Rice Krispies w Sliced Bananas Cheese Cubes Cantaloupe	10 Quesadillas Sour Cream w Salsa Sliced Peppers Watermelon	11 Hot Dog on a Roll Potato Chips Carrot Sticks Sliced Apples w Raisins	12 Baked Chicken Nuggets Buttered Rice Mixed Vegetables Pineapple Cubes in Lite Syrup	13 Cheese Sandwiches Goldfish Pickles Sliced Oranges
16	17	18	19	20
23	24	25	26	27

Menu subject to change

Wheat Bread is served & butter is optional

1% Milk is served & water is available