

**BEECHWOOD SCHOOL
LUNCH MENU**



Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Soup Turkey & Cheese Sandwiches Pickles Sliced Pears	3 Cheese Quesadilla w Sour Cream & Salsa Corn Chips Sliced Peppers Sliced Apples	4 Sliced Hot Dogs Baked Beans Carrot Sticks French Fries Pineapple Tidbits	5 French Toast Applesauce Celery Sticks Vanilla Yogurt	6 Baked Ziti Green Beans Kidney Beans Peaches in Lite Syrup
9 Chicken Nuggets Cranberry Sauce Steamed Carrots Rice Applesauce	10 Chicken Noodle Soup Ham Sandwiches Potato Chips Pickles Pears in Lite Syrup	11 Macaroni & Cheese Peas Kidney Beans Chocolate Pudding	12 Baked Pizza Broccoli Spears w Ranch Dip Sliced Apples w Cinnamon & Apples	13 Cheerios w Berries Cheese Cubes Graham Crackers Pineapple in Lite Syrup
16 Bagels w Cream Cheese & Jelly Carrots Sticks w Hummus Fish Crackers Sliced Oranges	17 Hot Dogs on a Roll Potato Chips Cucumbers Green Pudding	18 Fish Sticks Steam Broccoli Bow Tie Pasta Green Jello	19 Beef Tacos Sour Cream & Salsa Corn Chips Veggie Slices Sliced Pears	20 Tomato Soup Grilled Cheese Sandwiches Celery Sticks Sliced Apples
23 Pasta w Red Sauce Cheese Cubes Mixed Vegetables Peaches in Lite Syrup	24 Chicken Nuggets Corn Curly Noodles Pears in Lite Syrup	25 Baked Pizza W Pepperoni Garden Salad w Chick Peas Sliced Apples	26 Cheese Quesadillas w Sour Cream & Salsa Sliced Carrots Corn Chips Sliced Fresh Pears	27 French Toast Applesauce Celery Sticks Kidney Beans Vanilla Yogurt
30 Rice Krispies w Bananas Chick Peas Graham Crackers Pineapple Tidbits	31 Macaroni & Cheese Peas Kidney Beans Sherbet			

Menu is subject to change
 Wheat bread is served and butter is optional.
 1% Lowfat milk is served.